

**Resultat – ESIK\_IBM\_KM 2019**

2019-08-27

<b>Långa</b>		<b>(5 / 5)</b>		<b>Tid</b>	<b>Efter</b>	
1.	Anders Brinkman	Vandraringen		45:34		
	6:08 (6:08)	3:27 (9:35)	5:57 (15:32)		4:50 (20:22)	1:36 (21:58)
	3:30 (27:35)	8:11 (35:46)	3:50 (39:36)		3:44 (43:20)	1:27 (44:47)
2.	Joakim Eriksson	Södertälje-Nykvam OF		48:52	+3:18	
	6:52 (6:52)	3:43 (10:35)	6:55 (17:30)		4:49 (22:19)	1:57 (24:16)
	3:57 (30:27)	8:26 (38:53)	3:45 (42:38)		3:43 (46:21)	1:42 (48:03)
3.	Jan Hessel	Saab FF Järfälla		52:19	+6:45	
	7:01 (7:01)	4:18 (11:19)	6:35 (17:54)		5:19 (23:13)	1:55 (25:08)
	3:55 (31:17)	9:48 (41:05)	4:11 (45:16)		4:23 (49:39)	1:47 (51:26)
4.	Kristoffer Edshage	ESIK		54:04	+8:30	
	10:27 (10:27)	3:30 (13:57)	6:15 (20:12)		5:57 (26:09)	1:44 (27:53)
	3:44 (33:59)	7:47 (41:46)	4:18 (46:04)		4:07 (50:11)	2:28 (52:39)
5.	Bo Nyberg	IBM-Klubben		1:21:44	+36:10	
	11:03 (11:03)	5:41 (16:44)	11:49 (28:33)		7:49 (36:22)	2:51 (39:13)
	5:50 (48:52)	12:51 (1:01:43)	9:23 (1:11:06)		6:28 (1:17:34)	3:05 (1:20:39)
<b>Mellan</b>		<b>(21 / 21)</b>		<b>Tid</b>	<b>Efter</b>	
1.	Tommy Holmer	IBM-Klubben		30:23		
	1:21 (1:21)	7:18 (8:39)	1:38 (10:17)		2:09 (12:26)	3:43 (16:09)
	3:22 (22:56)	1:30 (24:26)	3:52 (28:18)		1:23 (29:41)	0:42 (30:23)
2.	Robin Westerlund	Täby OK		32:47	+2:24	
	2:12 (2:12)	6:39 (8:51)	2:58 (11:49)		1:59 (13:48)	3:48 (17:36)
	3:18 (24:34)	2:15 (26:49)	3:33 (30:22)		1:34 (31:56)	0:51 (32:47)
3.	Anders Lillstrand	Pedab		33:45	+3:22	
	2:12 (2:12)	8:11 (10:23)	1:46 (12:09)		2:23 (14:32)	3:43 (18:15)
	3:41 (25:42)	1:29 (27:11)	4:07 (31:18)		1:34 (32:52)	0:53 (33:45)
4.	Janne Nilsson	Övrig		36:19	+5:56	
	1:37 (1:37)	9:28 (11:05)	1:56 (13:01)		2:20 (15:21)	3:54 (19:15)
	3:52 (27:18)	1:53 (29:11)	4:10 (33:21)		2:09 (35:30)	0:49 (36:19)
5.	Sten-Olof Matsson	Övrig		39:20	+8:57	
	2:12 (2:12)	7:54 (10:06)	2:09 (12:15)		2:29 (14:44)	4:09 (18:53)
	4:06 (27:57)	2:41 (30:38)	5:45 (36:23)		1:49 (38:12)	1:08 (39:20)
6.	Harald Bauer	IFK Lidingö SOK		40:32	+10:09	
	2:02 (2:02)	9:47 (11:49)	2:22 (14:11)		2:46 (16:57)	4:10 (21:07)
	4:19 (30:15)	1:48 (32:03)	5:31 (37:34)		1:47 (39:21)	1:11 (40:32)
7.	Lars Brosell	ESIK		44:48	+14:25	
	2:00 (2:00)	9:14 (11:14)	2:52 (14:06)		3:43 (17:49)	6:27 (24:16)
	5:09 (34:51)	2:22 (37:13)	4:23 (41:36)		2:08 (43:44)	1:04 (44:48)
8.	Claes Wallenius	ESIK		44:52	+14:29	
	2:47 (2:47)	9:52 (12:39)	2:24 (15:03)		2:56 (17:59)	4:40 (22:39)
	5:41 (33:18)	2:20 (35:38)	5:49 (41:27)		2:05 (43:32)	1:20 (44:52)
9.	Ingvar Svensson	ESIK		45:41	+15:18	
	2:29 (2:29)	9:44 (12:13)	2:21 (14:34)		3:26 (18:00)	5:10 (23:10)
	6:04 (34:15)	2:31 (36:46)	5:26 (42:12)		2:26 (44:38)	1:03 (45:41)
10.	Roger Tinglöf	Väsby OK		45:58	+15:35	
	2:08 (2:08)	9:21 (11:29)	2:04 (13:33)		2:31 (16:04)	10:48 (26:52)
	4:47 (35:48)	2:09 (37:57)	4:37 (42:34)		2:20 (44:54)	1:04 (45:58)
11.	Pierre Almen	IBM-Klubben		47:21	+16:58	
	2:18 (2:18)	9:05 (11:23)	2:28 (13:51)		5:20 (19:11)	6:33 (25:44)
	4:41 (35:31)	2:16 (37:47)	5:12 (42:59)		3:04 (46:03)	1:18 (47:21)
12.	Lars Malm	Saab FF Järfälla		49:24	+19:01	
	2:13 (2:13)	11:06 (13:19)	2:43 (16:02)		3:39 (19:41)	5:33 (25:14)
	5:39 (36:58)	2:19 (39:17)	6:23 (45:40)		2:25 (48:05)	1:19 (49:24)
13.	Olle Hillgren	ESIK		49:47	+19:24	
	2:37 (2:37)	10:49 (13:26)	2:59 (16:25)		3:01 (19:26)	5:47 (25:13)
	6:12 (36:43)	2:48 (39:31)	6:47 (46:18)		2:14 (48:32)	1:15 (49:47)
14.	Bernth Gustavsson	ESIK		51:12	+20:49	
	1:57 (1:57)	12:44 (14:41)	2:22 (17:03)		3:09 (20:12)	5:33 (25:45)
	5:33 (39:05)	2:36 (41:41)	5:57 (47:38)		2:21 (49:59)	1:13 (51:12)
15.	Lars-Åke Aspelin	ESIK		57:00	+26:37	
	3:00 (3:00)	13:14 (16:14)	3:14 (19:28)		3:57 (23:25)	6:33 (29:58)
	6:53 (42:37)	2:43 (45:20)	7:48 (53:08)		2:49 (55:57)	1:03 (57:00)
16.	Lars Landström	SAS		1:01:22	+30:59	
	1:47 (1:47)	20:49 (22:36)	2:01 (24:37)		2:23 (27:00)	5:02 (32:02)
	4:29 (50:05)	2:10 (52:15)	5:38 (57:53)		2:24 (1:00:17)	1:05 (1:01:22)
17.	Michael Eriksson	ESIK		1:02:40	+32:17	
	4:52 (4:52)	10:13 (15:05)	2:51 (17:56)		4:08 (22:04)	6:15 (28:19)
	7:39 (41:46)	2:48 (44:34)	7:55 (52:29)		8:58 (1:01:27)	1:13 (1:02:40)
18.	Jonny Sääf	ESIK		1:05:02	+34:39	
	3:42 (3:42)	9:40 (13:22)	4:14 (17:36)		3:49 (21:25)	13:22 (34:47)
	6:56 (47:16)	4:03 (51:19)	8:19 (59:38)		4:33 (1:04:11)	0:51 (1:05:02)
19.	Jan Erik Jonsson	IBM		1:09:36	+39:13	
	2:41 (2:41)	14:29 (17:10)	2:57 (20:07)		4:47 (24:54)	11:30 (36:24)
	6:32 (53:37)	2:52 (56:29)	8:58 (1:05:27)		2:34 (1:08:01)	1:35 (1:09:36)
20.	Ingvar Oskarsson	Saab FF Järfälla		1:43:00	+72:37	
	4:21 (4:21)	20:52 (25:13)	4:07 (29:20)		5:41 (35:01)	11:20 (46:21)
	10:20 (1:19:14)	4:35 (1:23:49)	11:44 (1:35:33)		4:26 (1:39:59)	3:01 (1:43:00)
	Anders Önerud	ESIK		Felst.		
	4:22 (4:22)	9:17 (13:39)	– (–)		– (18:36)	6:41 (25:17)
	5:37 (37:07)	1:54 (39:01)	4:34 (43:35)		3:13 (46:48)	1:02 (47:50)
<b>Korta</b>		<b>(14 / 14)</b>		<b>Tid</b>	<b>Efter</b>	
1.	Anders Gärderud	Enebybergs IF		35:11		
	2:11 (2:11)	10:50 (13:01)	5:43 (18:44)		4:52 (23:36)	1:58 (25:34)
	2:01 (34:10)	1:01 (35:11)				6:35 (32:09)

2.	Claes Landquist 1:59 (1:59) 2:34 (35:02)	Övrig 9:40 (11:39) 1:13 (36:15)	6:50 (18:29)	36:15	+1:04 5:32 (24:01)	2:23 (26:24)	6:04 (32:28)
3.	Uno Adolfsson 2:19 (2:19) 2:22 (37:56)	IBM-Klubben 12:25 (14:44) 1:07 (39:03)	7:12 (21:56)	39:03	+3:52 5:20 (27:16)	2:42 (29:58)	5:36 (35:34)
4.	Jan-Olov Wählberg 2:31 (2:31) 2:24 (37:58)	IBM 11:44 (14:15) 1:13 (39:11)	8:21 (22:36)	39:11	+4:00 4:41 (27:17)	2:16 (29:33)	6:01 (35:34)
5.	Eddie Bjärrenholt 2:19 (2:19) 2:14 (38:13)	SEB 12:17 (14:36) 1:25 (39:38)	7:32 (22:08)	39:38	+4:27 6:05 (28:13)	2:10 (30:23)	5:36 (35:59)
6.	Leif Lundqvist 2:50 (2:50) 2:55 (47:09)	Enebybergs IF 14:02 (16:52) 1:37 (48:46)	10:03 (26:55)	48:46	+13:35 7:35 (34:30)	3:06 (37:36)	6:38 (44:14)
7.	Annika Ritzman 2:56 (2:56) 2:22 (57:02)	IBM-Klubben 25:38 (28:34) 1:00 (58:02)	9:13 (37:47)	58:02	+22:51 8:54 (46:41)	2:10 (48:51)	5:49 (54:40)
8.	Bengt Fahlin 4:06 (4:06) 3:29 (1:00:02)	IBM-Klubben 16:53 (20:59) 1:31 (1:01:33)	10:55 (31:54)	1:01:33	+26:22 10:50 (42:44)	4:54 (47:38)	8:55 (56:33)
9.	Marianne Hamilton 5:56 (5:56) 5:24 (59:40)	Enebybergs IF 12:51 (18:47) 2:10 (1:01:50)	17:10 (35:57)	1:01:50	+26:39 7:00 (42:57)	3:57 (46:54)	7:22 (54:16)
10.	Lars Dyrhage 9:27 (9:27) 3:00 (1:03:34)	Saab FF Järfälla 15:45 (25:12) 1:56 (1:05:30)	10:10 (35:22)	1:05:30	+30:19 9:45 (45:07)	3:13 (48:20)	12:14 (1:00:34)
11.	Mania Larsson 3:44 (3:44) 4:33 (1:03:51)	IBM-Klubben 17:20 (21:04) 1:52 (1:05:43)	13:03 (34:07)	1:05:43	+30:32 11:08 (45:15)	4:13 (49:28)	9:50 (59:18)
12.	Margareta Birath 4:41 (4:41) 4:53 (1:03:50)	IBM-Klubben 19:42 (24:23) 1:56 (1:05:46)	12:43 (37:06)	1:05:46	+30:35 8:08 (45:14)	3:57 (49:11)	9:46 (58:57)
13.	Gerda Woxén 2:57 (2:57) 6:20 (1:10:51)	IBM-Klubben 28:47 (31:44) 1:43 (1:12:34)	9:21 (41:05)	1:12:34	+37:23 7:52 (48:57)	4:27 (53:24)	11:07 (1:04:31)
14.	Gunilla Wickenberg 5:09 (5:09) 9:52 (1:47:53)	IBM-Klubben 36:26 (41:35) 3:06 (1:50:59)	15:26 (57:01)	1:50:59	+75:48 19:13 (1:16:14)	6:10 (1:22:24)	15:37 (1:38:01)